

# Our Menu



Assisted Living and Memory Support  
**THE SANCTUARY**  
AT BROOKLYN CENTER



*The Sanctuary offers delicious meals and food “for the soul”.*

Sanctuary residents take an active role in developing the menus, spicing up offerings with treasured family recipes and taking a mindful approach to offering ample choices and selection.

## Sample Menu

### - Breakfast -

Cheese Blintz  
Eggs To Order  
Bacon Slices

♥ Assorted Cold Cereals  
♥ Oatmeal or Grits

♥ Chilled Mixed Fruit  
♥ Assorted Juices  
Assorted Breakfast Bread

### - Lunch -

Cream of Celery Soup

Monte Cristo Sandwich or  
♥ Tuna Salad on ♥ Wheat  
or Croissant  
with

♥ Three Bean Salad  
& Sweet Potato Fries

Cherry Cobbler

### - Dinner -

Garden Vegetable Soup

Glazed Ham with Pineapple or  
♥ Lemon Pepper Tilapia  
with  
Rice Pilaf & ♥ Green Peas

Ice Cream Sundae

## Choice & camaraderie are always on the menu.

In addition to offering a variety of delicious and nutritious meals, The Sanctuary provides “food for the soul” in the form of conversation and camaraderie with friends, neighbors and staff. This social outlet and sense of community is often the “main course” for our daily meals, themed menus and specialty events.

